



February Lunchbox Meal Plan

Mon	Tue	Wed	Thu	Fri	Sat	Sun	Notes
			1 Egg Roll & Broccoli	2 Mini Idli	3	4	Feb 4 th - Prepare Avocado dough and Prepare Pesto. Feb 11 th - Prepare dosa batter Prepare Falafel mix.
5 Avocado Paratha & Carrots	6 Chicken Fried Rice	7 Cream Cheese & Jam Sandwich	8 Shrimp Kebabs & Rice	9 Pesto Pasta	10	11	Feb 18 th - Prepare Meatballs Feb 22 nd - Palak Paneer for dinner
12 Nutella Dosa	13 Pita Pocket & Falafel	14 Bagel & Cream Cheese	15 Bhindi Roti	16 Spinach Dhokla	17	18	
19 No School	20 Meatballs & Green Beans	21 Sweet Poori & Carrots	22 Pancakes & Fruits	23 Palak Paneer Paratha	24	25	
26 Edamame Lemon pasta & Sausage	27 Cucumber cream cheese sandwich	28 Taco Pockets					